

Good table manners

Remember these important table manners when having lunch and dinner.

- Wash your hands before eating



- Sit down straight



- Keep elbows off the table



- Wait until everyone is served before starting eating



- Ask politely for something you want



- Say 'please and thank you'

- Do not talk with your mouth full



- Wait until everyone has finished before being excused

Table manners make good habits

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